
**Rodrigo A. Chorbadjian, Pierluigi Bonello, and Daniel A. Herms**

Abstract. The Growth/Differentiation Balance Hypothesis predicts that environmental factors that limit growth of plants more than their rate of photosynthesis should increase secondary metabolism and resistance to insects. Soil drench application of the plant growth regulator paclobutrazol slowed the growth of paper birch (*Betula papyrifera*) and Austrian pine (*Pinus nigra*) with no effect on photosynthesis. In response, foliar concentrations of condensed tannins (but not total phenolics) in birch increased as predicted, which increased birch resistance to gypsy moth (*Lymantria dispar*) and whitemarked tussock moth (*Orgyia leucostigma*), but only during the second season after treatment. In both years, there was a negative correlation between foliar concentrations of total phenolic and condensed tannins and growth of paper birch, which is consistent with the predicted trade-off between growth and defense. Conversely, in Austrian pine, paclobutrazol and fertilization did not have an effect on foliar concentration of tannins, phenolics, and terpenes, nor did the treatments have any effect on resistance to European pine sawfly (*Neodiprion sertifer*). Hence, the effects of paclobutrazol on tree growth, defensive chemistry, and insect resistance were species-specific and time sensitive.

**Key Words.** Allocation Trade-offs; Growth/Differentiation Balance Hypothesis; Growth Regulator; Insect Resistance; Plant Defense Theory.

Secondary metabolites are important defenses of plants to insects and pathogens, and their concentration can be mediated by resource-based allocation trade-offs between growth and other functions (Herms and Mattson 1992; Herms and Mattson 1997; Herms 2002). The Growth/Differentiation Balance Hypothesis predicts that environmental factors that reduce plant growth with little effect on photosynthesis should increase the availability of resources allocated to the production of secondary metabolites, thereby increasing resistance to insects and other herbivores (Herms and Mattson 1992; Glynn et al. 2007).

The plant growth regulator paclobutrazol reduces plant growth, which may reduce the need for mechanical pruning of shade trees in urban settings and utility rights-of-way (Mann et al. 1995), although tree species can vary in their sensitivity to this growth regulator (e.g., Bai et al. 2004). Paclobutrazol decreases plant growth by inhibiting gibberellin biosynthesis (Rademacher 2000) without diminishing photosynthetic rate (Wieland and Wample 1985; Archbold and Houtz 1988; Vu and Yelenosky 1988; Yim et al. 1997). It reduces plant growth without directly interfering with secondary metabolite biosynthetic pathways, as it inhibits gibberellin synthesis downstream in the chain of reactions leading to the production of secondary metabolites, i.e., the biosynthesis of tannins, phenolic compounds, and terpenoids (Rademacher 2000). Hence, in the context of the Growth/Differentiation Balance Hypothesis, it can be hypothesized that paclobutrazol will increase availability of photosynthetic carbon for allocation to secondary metabolism and thus increase plant resistance to herbivores. Indeed, some studies have found that paclobutrazol can enhance the resistance of plants to insect pests (Raese and Burts 1983; Campbell et al. 1989; Coffelt et al. 1993), pathogens (Blaedow et al. 2006; DeStefano et al. 2007; Collins and Rawnsley 2008; but see Hartman et al. 2009) and water stress (Marshall et al. 2000; Percival and AlBalushi 2007).

Conversely, nitrogen fertilization generally increases growth with less effect on photosynthesis, which has been associated with reduced insect resistance (Herms 2002). Fertilization increases growth rate because trees are stimulated to allocate a greater proportion of their carbon to production of new leaf area. However, root growth is proportionally decreased, as are concentrations of storage and defensive compounds (e.g., phenolics and other secondary metabolites) (Herms and Mattson 1997; Herms 2002; Glynn et al. 2007). Fast-growing plants typically have lower mass per leaf area (specific leaf mass), which is generally associated with lower levels of plant defensive chemicals and increased leaf nitrogen (N) content, both factors being beneficial to insect growth (Herms and Mattson 1992; Herms and Mattson 1997).

The objective of this study was to quantify the effects of paclobutrazol and fertilization, separately and in combination, on growth, photosynthesis, phytochemistry, and leaf morphology of paper birch (*Betula papyrifera*) and Austrian pine (*Pinus nigra*), as well as their resistance to key defoliating insect pests. Specifically, the researchers quantified growth and survival of gypsy moth (*Lymantria dispar*), forest tent caterpillar (*Malacosoma disstria*), and white-marked tussock moth (*Orgyia leucostigma*) larvae on paper birch, and European pine sawfly (*Neodiprion sertifer*) larvae on Austrian pine.
MATERIALS AND METHODS

Experimental Design and Treatments

The study was conducted in 48 individual, physically isolated soil cells (phytotrons) located at the Ohio Agricultural Research and Development Center in Wooster, Ohio, U.S. Each phytotron was constructed by slicing a narrow trench one meter deep, around plots 4 m² in area. The perimeter of each phytotron was lined with 30 mil PVC landfill liner extending one meter vertically into and 20 cm above the ground, which was heat welded at the overlap to completely enclose the plot. The liner isolated the soil environment without affecting drainage, allowing for establishment of replicated, randomized soil environments. The native soil is a Canfield silt loam (29% sand, 42% silt, 29% clay). A single paper birch (avg. height: 1.1 ± 0.07 m) was planted in the corner of each plot on September 20, 2000, and a single Austrian pine (avg. height: 1.0 ± 0.12 m) was added to the opposing corner of each plot on September 12, 2002. Weeds were controlled with pre-emergence herbicides (isoxaben and oryzalin or prodiamine) in combination with manual cultivation and spot treatment with glyphosate.

The experiment was designed as a randomized complete block, with four treatments: 1) untreated control, 2) paclobutrazol soil drench, 3) fertilizer, and 4) paclobutrazol + fertilizer. There were 12 replicate trees per treatment, with each treatment combination replicated four times in each of three blocks. Paclobutrazol was applied via soil drench on September 19, 2002, to both paper birch and Austrian pine using the commercial product Cambista 2SC (22.3% paclobutrazol) at the labeled rate of 17 ml per 2.54 cm trunk diameter. Trunk diameter was measured at 50 cm from ground level. The fertilization treatment consisted of 3:1:1 N:P:K with 60% of N in slow release form (urea form-aldehyde) and 40% in fast release form (ammonium and nitrate) applied to the soil surface at a rate of 200 Kg N/ha/yr, with half the annual rate applied just after bud break in the spring, and the other half prior to leaf drop in late summer or early autumn. The fertilization treatment represents an intermediate rate based on standard recommendations for woody plants (ANSI 2004). Trees were fertilized in May and September each year through 2005, with fertilization of paper birch and Austrian pine commencing in May 2001 and September 2002, respectively.

Treatment effects on tree physiology, secondary metabolism, and insect resistance were measured in 2003 and 2004 for paper birch, and from 2003 to 2005 for Austrian pine. Pine trees were maintained for an additional year to test for any lagging effects of treatments on resistance to European pine sawfly, which feeds on needles that are one year old or older.

Tree Growth, Photosynthesis, and Leaf Morphology

Trunk diameter, measured 50 cm aboveground, and tree height were measured at planting and in late autumn from 2003 to 2004 for both paper birch and Austrian pine, and again in late autumn 2005 for Austrian pine. Annual tree growth was calculated by subtracting consecutive measurements for diameter and height.

Light-saturated photosynthesis was quantified using a LI-COR LI-6200 Portable Photosynthesis System (LI-COR, Inc., Lincoln, Nebraska, U.S.). Measurements were taken from paper birch on June 25, July 25, and August 14 in 2003, and July 21 in 2004; and from Austrian pine on August 24, 2004. Leaves sampled were standardized for exposure and age, and measurements were made during cloud-free mornings (9:00–11:00 am) to ensure that measurements reflected treatment effect on tree physiology rather than other environmental factors affecting stomatal aperture. The blocking design of the experiment provided additional control over environmental variation.

Leaf area and specific leaf mass were quantified for paper birch on June 24, 2003 and July 7, 2004 by sampling 12 leaves throughout the canopy. Leaf age and exposure were standardized by sampling the youngest fully mature leaves with full exposure to sunlight. Austrian pine foliage was sampled on October 24, 2004 and June 29, 2005 by collecting from throughout the canopy 12 needle fascicles that had formed in the previous year. Leaf area of 12 sampled birch leaves per tree was determined using imaging software [CI-400 Computer Image Analysis System and software (CID, Inc.)], and for each pine tree by measuring the length and diameter of one needle from each fascicle (Svenson and Davies 1992), after which leaves/needles were dried to constant weight (85°C for 72 hours). Specific leaf and needle mass (g/m²) was determined for birch and pine, respectively, by dividing sampled leaf/needle dry mass by its area.

Phytochemistry

Nitrogen concentration was quantified for paper birch foliage once in 2003 (June 24) and twice in 2004 (June 14 and August 24), and for Austrian pine previous-year needles on May 6, 2004 and May 10, 2005. Leaf and needle samples were freeze-dried at -4°C using an FTS temperature-controlled tray freezedryer, and ground in a mill (Cyclotec EC 1093, Tecator AB, Hoganas, Sweden) to pass through a 0.4 mm mesh screen. A subsample of 7 mg of this fine powder was used to quantify total leaf and needle nitrogen using a Carbo Erba CHN analyzer, Model NA 1500 (Daun and DeClerq 1994).

Foliar concentrations of condensed tannins and total phenolic compounds were quantified on three dates for paper birch (June 24, 2003; June 14, 2004; and August 24, 2004), and for Austrian pine with previous-year foliage sampled on May 9, 2003 and May 6, 2004, and current-year foliage sampled on August 24, 2004. Condensed tannins (proanthocyanidins) were quantified using the H₂SO₄ method, and total foliar phenolics concentrations were quantified using the Folin-Denis assay. These colorimetric methods were modified for use with an automated continuous flow analyzer as documented in detail by Nitao et al. (2001). Commercially available “ground ordinary quebracho tannin” (L.H. Lincoln & Son, Inc., Couderstown, Pennsylvania, U.S.) was used as an internal standard. Calibration curves for the internal standard in relation to purified tannins (either from red pine or paper birch foliage) were used to quantify tannins and phenolics in the samples, with concentrations reported as tannic acid equivalents on a percent dry mass basis.

Foliar terpene concentrations of one-year-old Austrian pine needles were quantified on three dates (May 9, 2003; May 6, 2004; and May 10, 2005). Immediately upon sampling, needles were flash-frozen in the field in liquid nitrogen, placed in a cooler on ice, and then transported to the lab, where they were stored at -80°C until analysis. Concentrations of monoterpenes (α-pinene, β-pinene, myrcene, camphene, limonene, and bornyl-acetate), and sesquiterpenes (trans-caryophyllene, alpha-humulene, and germacrene-D) were analyzed via gas chromatography (GC-FID) following extraction of 1 g of fresh weight needles in 10
ml n-pentane for 48 hours (Raffa and Steffeck 1988; Coddella and Raffa 1995). Terpene concentrations in extracts were measured using a Shimadzu GC-17A gas chromatograph equipped with an Rtx-5 fused silica column (15 m × 0.25 mm inside diameter × 0.25 μm film thickness). Nitrogen was used as a carrier gas at a linear velocity of 29.6 cm/sec. The temperature program was 60°C for five minutes, increased by 5°C per minute to 110°C, then increased by 10°C per minute to 200°C, and then by 25°C per minute to 250°C, and finally held at 250°C for five minutes. Total analysis time was 31 minutes. The injector and detector temperatures were 220°C and 230°C, respectively. Quantification was based on pure standards, except germacrene-D, which was identified based on EI spectra because no standard was available. Its concentration was estimated according to the response factor for another sesquiterpene, trans-caryophyllene. Results are presented as the sum of individual mono- and sesqui-terpenes in milligrams per gram of fresh foliage weight.

**Tree Resistance to Insects**

Treatment effects on birch resistance to defoliating insects were measured in bioassays initiated for forest tent caterpillar on May 9, 2003, gypsy moth on May 9, 2003 and May 25, 2004, and white-marked tussock moth on August 25, 2004. Resistance of Austrian pine to European pine sawfly was quantified in bioassays initiated on April 21, 2003; May 10, 2004; and May 11, 2005. These dates correspond to the natural feeding phenology of these insects.

Growth of larvae feeding on foliage from experimental trees was measured in laboratory bioassays that lasted for 10 days. For birch-feeding caterpillars, a group of five neonate larvae was weighed collectively and placed in a polystyrene Petri dish (15 cm × 3 cm) containing a base of plaster mixed with activated charcoal with foliage that had just been harvested from one of the experimental plants. To control for ontogenetic variation in leaf quality, all insects received leaves of the same age (youngest fully expanded leaf). The platter base of each dish was saturated with distilled water to maintain turgor of detached leaves over the course of the bioassay, and foliage was replaced with fresh leaves every 48 hours. Bioassays were conducted in a growth chamber at 25°C with a 16:8 (L:D) photoperiod. Larval survival was recorded, and living larvae were weighed as a group at the end of the 10-day bioassay, and mean final weight was calculated by dividing total weight by number of larvae. Larval growth (mg) was calculated as the difference between mean final and mean initial mass. Bioassays with European pine sawfly larvae were conducted as previously described, except that 10 larvae were confined in each petri dish and fed one-year-old needles.

**Data Analyses**

Effects of block, paclobutrazol, fertilization, and their interactions on tree growth and physiological measurements, leaf traits, and chemistry, as well as insect growth and survival were assessed by analysis of variance (PROC GLM, Type III sums of squares; SAS Institute, Inc. 2003). Following significant F-tests ($\alpha = 0.05$), the PDIFF option following the LSMEANS statement was used to make pairwise comparisons ($\alpha = 0.05$). Fertilization and paclobutrazol treatments were considered fixed factors. Initial larval weight was included as a covariate in the model when analyzing larval growth. Vapor pressure deficit was used as a covariate when analyzing photosynthesis and stomatal conductance. Initial measures of trunk diameter were used as covariates for analysis of tree growth measurements. All variables met assumptions of homoscedasticity and normal distribution of residuals. Data are presented as least squares means ± one standard error. Pearson’s correlation coefficients (PROC CORR SAS 9.3) were used to quantify relationships among dependent variables (e.g., between leaf chemistry and tree growth). Prior to correlation analysis, bivariate plots were inspected to ensure that none of the analyzed relationships were curvilinear.

**RESULTS**

**Tree Growth**

Paclobutrazol significantly decreased the height and radial trunk growth of paper birch in 2003 and, to a lesser extent, in 2004 (Figure 1). The growth-inhibiting response to paclobutrazol was observed in fertilized as well as non-fertilized paper birch trees (significant main effect of paclobutrazol, no significant paclobutrazol * fertilization interaction) (Table 1). Similarly, paclobutrazol substantially decreased the height and trunk diameter growth of Austrian pine in all three years (Figure 1). The growth-inhibiting response to paclobutrazol was also observed in fertilized as well as non-fertilized Austrian pine trees (no significant paclobutrazol * fertilization interaction). Fertilization had no effect on height or diameter growth of either species (Table 1).

**Photosynthesis**

Neither paclobutrazol, fertilization, nor their interaction had an effect on net photosynthesis rate of paper birch or Austrian pine on any date measured, with the exception of August 14, 2003, when paclobutrazol decreased photosynthesis of paper birch by 17% relative to untreated trees (Figure 2; Table 2).

**Leaf Morphology**

Paclobutrazol decreased the area of individual paper birch leaves in 2003 and 2004 (Table 1; Figure 3). Paper birch leaves from paclobutrazol-treated trees also exhibited noticeable curling in 2003 and were a darker shade of green. Paclobutrazol increased specific leaf mass (leaf mass per unit area) of paper birch in 2003 but had no effect in 2004 (Table 1; Figure 3).

Paclobutrazol had no effect on leaf area of one-year-old Austrian pine needles in 2004 or 2005, or specific leaf mass in 2004 (Table 1; Figure 3). However, when measured in 2005, paclobutrazol increased specific mass of previous-year needles (formed in 2004) (Table 1; Figure 3). Fertilization decreased specific leaf mass of paper birch in 2004, 70.7 ± 2.1 g/m² versus 76.7 ± 1.7 g/m², for fertilized and non-fertilized trees, respectively, but otherwise had no effect on birch leaf morphology (Table 1). Fertilization had no effect on needle morphology of Austrian pine (Table 1).

**Phytochemistry and Foliar Nitrogen**

Paclobutrazol had no effect on the nitrogen concentration of paper birch or Austrian pine, except for a slight increase in paper birch foliar nitrogen in August 2004 (Table 3). However, fertilization did increase foliar nitrogen of paper birch on June 24, 2003 (3.15 ± 0.11% versus 2.83 ± 0.11%, for fertilized and non-fertilized
trees, respectively), and on August 24, 2004 (2.19 ± 0.1% versus 1.87 ± 0.1%, for fertilized and non-fertilized trees, respectively) (Table 3). Fertilization had no effect on nitrogen concentration of one-year-old foliage of Austrian pine on May 6, 2004 (1.55 ± 0.1% versus 1.39 ± 0.1%, for fertilized and non-fertilized trees, respectively), or on May 10, 2005 (1.25 ± 0.1% versus 1.24 ± 0.1%, for fertilized and non-fertilized trees, respectively) (Table 3).

Secondary Metabolism

Paclobutrazol increased foliar condensed tannin concentrations of paper birch by 35% on June 24, 2003 (Table 3; 21.5 ± 1.5% versus 15.9 ± 1.5% for paclobutrazol-treated fertilized and non-
treated trees, respectively), but otherwise had no effect on total phenolics or tannin concentrations in 2003 or 2004. Foliar concentrations of total phenolics and condensed tannins of Austrian pine were not affected by paclobutrazol (Table 3). Fertilization or the interaction between fertilization and the regulator had no effect on foliar tannin and phenolic concentrations of paper birch and Austrian pine (Table 3). Total foliar terpene concentrations of Austrian pine foliage were also not affected by paclobutrazol, fertilization, or their interaction (Table 3).

Trunk growth of paper birch was inversely correlated with foliar tannins and phenolic concentrations in 2003 and in 2004 (Figure 4); however, there was no significant correlation between trunk growth of Austrian pine and foliar concentrations of tannins, phenolics, or terpenes.

Insect Performance

In 2003, paclobutrazol did not affect resistance of paper birch to gypsy moth or forest tent caterpillar, as evidenced by no difference in larval growth (Table 4; Figure 5) or survival (data not shown). However, paclobutrazol increased resistance of paper birch to both gypsy moth and white-marked tussock moth in 2004, as evidenced by decreased growth of larvae on treated trees (Table 4; Figure 5). However, larval survival was not affected. Paclobutrazol had no effect on growth or survival of European pine sawfly larvae on Austrian pine in either year (Table 4; Figure 5).

Fertilization had no effect on gypsy moth survival but increased larval growth by 30% in 2004 (38.3 ± 3.4 mg versus 29.7 ± 2.7 mg on fertilized and non-fertilized trees, respectively). Fertilization had no effect on gypsy moth growth and survival in 2003, nor did it have any effect on the other insect species in either 2003 or 2004 (Table 4).

Notable Physiological Responses

Paclobutrazol induced premature leaf senescence (yellowing) of paper birch beginning in mid-August 2003, and abscission in early September, which occurred about one month prior to untreated trees. The effect was most prominent on older foliage in the interior of the canopy. No such response was observed in 2004 or in Austrian pine in any year. Paclobutrazol dramatically stimulated female reproductive effort of paper birch in 2004 (207.3 versus 1.8 pistillate catkins/tree for paclobutrazol-treated and untreated trees, respectively). Although paper birch is a monoeccious species (Perala and Alm 1990), paclobutrazol had no effect on male (staminate) cat-
kin production. Fertilization had no effect on the reproductive efforts of paper birch.

DISCUSSION

Paclobutrazol soil drench in autumn 2002 had substantial physiological effects on paper birch and Austrian pine that extended throughout the study period (2004 and 2005, respectively). The regulator slowed the growth of both paper birch and Austrian pine with little effect on photosynthesis (although photosynthesis of paper birch was significantly lower in paclobutrazol-treated trees on one occasion in August 2003). These results accord generally with other studies that showed paclobutrazol to reduce growth (Wheeler 1987; Coffelt et al. 1993; Yim et al. 1997) with no effect on photosynthesis (Wieland and Wample 1985; Archbold and Houtz 1988; Vu and Yelenosky 1988; Yim et al. 1997).

Decreased growth of paper birch was associated with decreased area of individual leaves in 2003 and 2004, and increased specific leaf mass in 2003, which are morphological responses typically associated with slower growth rates (McDonald 1990; Figure 3. Effects of paclobutrazol on leaf/needle morphology of paper birch and Austrian pine. Data are presented as least squares means ± 1 SE. Exact statistical significance (*) is reported in Table 1.

Table 1. F and P values from ANOVA for growth and leaf/needle morphology of paper birch (Betula pendula) and Austrian pine (Pinus nigra), in response to paclobutrazol and fertilization applied alone or in combination.

| Source of variation | Paper birch | | | | Austrian pine | | | |
|---------------------|------------|------------------|------------------|------------------|------------------|------------------|------------------|
|                     | Paclobutrazol (P) | F-value | P-value | Fertilization (F) | F-value | P-value | Interaction P × F | F-value | P-value |
| Height growth (cm)  | 2003       | 9.20  | 0.005 | 0.01  | 0.919 | 1.74  | 0.196 |
|                     | 2004       | 3.33  | 0.081 | 0.13  | 0.727 | 0.44  | 0.512 |
| Trunk growth (mm)   | 2003       | 13.11 | <0.001 | 0.22 | 0.643 | 0.68 | 0.417 |
|                     | 2004       | 2.96  | 0.098 | 0.42  | 0.521 | 0.26 | 0.615 |
| Leaf area (cm²)     | 2003 (June 24) | 19.19 | <0.001 | 0.10 | 0.758 | 0.21 | 0.647 |
|                     | 2004 (July 7) | 7.36  | 0.012 | 0.08 | 0.782 | 0.34 | 0.565 |
| Specific leaf mass (g/m²) | 2003 (June 24) | 15.92 | <0.001 | 0.13 | 0.716 | 0.16 | 0.688 |
|                     | 2004 (July 7) | 1.05  | 0.314 | 5.12 | 0.032 | 0.13 | 0.723 |

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Lambers and Poorter 1992). Paclobutrazol decreased growth of Austrian pine with less dramatic effects on leaf morphology, as needle area was not affected and specific leaf mass expressed a delayed response, not increasing until 2005 in one-year-old needles. Variable effects of paclobutrazol on leaf morphology have been reported in other species, as well. For example, paclobutrazol had no effect on specific leaf mass of strawberry plants four months after application (Archbold and Houtz 1988), but it increased specific leaf mass of apple trees after a similar time period (Wieland and Wample 1985). Paclobutrazol also had delayed response on leaf morphology of willow oak (*Quercus phellos*) (Coffelt et al. 1993).

Paclobutrazol induced premature leaf abscission of paper birch in 2003, and extremely high levels of fruit production in 2004, which may have contributed to its growth-regulating effect. Heavy catkin production in paper birch has been associated with stress, and it is known to decrease vegetative growth due to internal competition for nutrients.

### Table 2. F and P values from ANOVA for photosynthesis (μmol CO₂ • m⁻² • s⁻¹) of paper birch (*Betula pendula*) and Austrian pine (*Pinus nigra*), in response to paclobutrazol and fertilization applied alone or in combination.

<table>
<thead>
<tr>
<th>Source of variation</th>
<th>Paclobutrazol (P)</th>
<th>F-value</th>
<th>P-value</th>
<th>Fertilization (F)</th>
<th>F-value</th>
<th>P-value</th>
<th>Interaction P × F</th>
<th>F-value</th>
<th>P-value</th>
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<tbody>
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<td>Paper birch</td>
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<td></td>
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<tr>
<td>2003 (June 25)</td>
<td>1.81</td>
<td>0.186</td>
<td>0.00</td>
<td>0.974</td>
<td>0.17</td>
<td>0.679</td>
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<tr>
<td>2003 (July 25)</td>
<td>3.49</td>
<td>0.070</td>
<td>0.86</td>
<td>0.359</td>
<td>0.56</td>
<td>0.458</td>
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<tr>
<td>2003 (August 14)</td>
<td>4.21</td>
<td>0.047</td>
<td>0.34</td>
<td>0.564</td>
<td>1.12</td>
<td>0.296</td>
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<tr>
<td>2004 (July 21)</td>
<td>0.00</td>
<td>0.990</td>
<td>0.23</td>
<td>0.634</td>
<td>0.44</td>
<td>0.515</td>
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<td>2004 (August 24)</td>
<td>0.63</td>
<td>0.434</td>
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<td>2.34</td>
<td>0.134</td>
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<td>Austrian pine</td>
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</table>

### Table 3. Effects of paclobutrazol on, and F and P values from ANOVA for nitrogen and secondary metabolites of paper birch (*Betula pendula*) and Austrian pine (*Pinus nigra*) in response to paclobutrazol and fertilization applied alone or in combination.

<table>
<thead>
<tr>
<th>Source of variation</th>
<th>Treatment means</th>
<th>Paclobutrazol</th>
<th>Fertilization (F)</th>
<th>Interaction P × F</th>
<th>F-value</th>
<th>P-value</th>
<th>F-value</th>
<th>P-value</th>
<th>F-value</th>
<th>P-value</th>
<th>F-value</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Paper birch</td>
<td>Nitrogen (% dry weight)</td>
<td>3.0±0.1</td>
<td>3.0±0.1</td>
<td>0.04</td>
<td>0.848</td>
<td>3.94</td>
<td>0.054</td>
<td>0.16</td>
<td>0.688</td>
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<tr>
<td>2003 (June 24)</td>
<td>2.0±0.1</td>
<td>2.0±0.1</td>
<td>0.00</td>
<td>1.000</td>
<td>2.10</td>
<td>0.159</td>
<td>0.23</td>
<td>0.634</td>
<td>0.44</td>
<td>0.515</td>
<td>2.34</td>
<td>0.075</td>
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<tr>
<td>2004 (August 24)</td>
<td>2.1±0.1</td>
<td>2.1±0.1</td>
<td>0.00</td>
<td>1.000</td>
<td>2.10</td>
<td>0.159</td>
<td>0.23</td>
<td>0.634</td>
<td>0.44</td>
<td>0.515</td>
<td>2.34</td>
<td>0.075</td>
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<td>Tannins (% dry weight)</td>
<td>2003 (June 24)</td>
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<td>21.5±1.5</td>
<td>0.00</td>
<td>1.000</td>
<td>2.10</td>
<td>0.159</td>
<td>0.23</td>
<td>0.634</td>
<td>0.44</td>
<td>0.515</td>
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<tr>
<td>2004 (June 14)</td>
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<td>8.6±0.7</td>
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<td>1.000</td>
<td>2.10</td>
<td>0.159</td>
<td>0.23</td>
<td>0.634</td>
<td>0.44</td>
<td>0.515</td>
<td>2.34</td>
<td>0.075</td>
</tr>
<tr>
<td>2004 (August 24)</td>
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<td>10.1±1.0</td>
<td>0.00</td>
<td>1.000</td>
<td>2.10</td>
<td>0.159</td>
<td>0.23</td>
<td>0.634</td>
<td>0.44</td>
<td>0.515</td>
<td>2.34</td>
<td>0.075</td>
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<tr>
<td>Phenolics (% dry weight)</td>
<td>2003 (June 24)</td>
<td>14.0±0.9</td>
<td>14.0±0.9</td>
<td>0.00</td>
<td>1.000</td>
<td>2.10</td>
<td>0.159</td>
<td>0.23</td>
<td>0.634</td>
<td>0.44</td>
<td>0.515</td>
<td>2.34</td>
</tr>
<tr>
<td>2004 (June 14)</td>
<td>21.8±1.0</td>
<td>21.8±1.0</td>
<td>0.00</td>
<td>1.000</td>
<td>2.10</td>
<td>0.159</td>
<td>0.23</td>
<td>0.634</td>
<td>0.44</td>
<td>0.515</td>
<td>2.34</td>
<td>0.075</td>
</tr>
<tr>
<td>2004 (August 24)</td>
<td>21.7±1.3</td>
<td>21.7±1.3</td>
<td>0.00</td>
<td>1.000</td>
<td>2.10</td>
<td>0.159</td>
<td>0.23</td>
<td>0.634</td>
<td>0.44</td>
<td>0.515</td>
<td>2.34</td>
<td>0.075</td>
</tr>
</tbody>
</table>

**Note:** Current-year foliage

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resources (Gross 1972; Tuomi et al. 1982). Other studies have also observed paclobutrazol to increase fruit production in woody plants (e.g., Struve et al. 1989; Huang et al. 1995).

The Growth/Differentiation Balance Hypothesis predicts that when growth decreases proportionally more than photosynthesis, the availability of carbon to support other processes, such as the production of secondary metabolites, will increase, thereby increasing insect resistance (Herms and Mattson 1992; Herms and Mattson 1997; Herms 2002). The responses observed in this study were only partially consistent with these predictions. As predicted, paclobutrazol increased foliar concentrations of condensed tannins, but not total phenolics, of paper birch in 2003 (in the growing season after the treatment was applied the previous autumn). However, the treatment persisted for only one year, with no effect observed in 2004. The negative correlation between growth and secondary metabolites observed in paper birch across all treatments in 2003 and 2004 is consistent with numerous studies (Herms and Mattson 1992; Herms 2002). Paclobutrazol also had no effect on pest resistance of other herbaceous species including columbia (Aquilegia × hybrida), New Guinea impatiens (Impatiens hawkeri), and marigold (Tagetes erecta). Drench application of paclobutrazol reduced the number of pear rust mites (Eriophyidae pyri) on pear (Raese and Burts 1983), while foliar sprays reduced the population level of pear rust mite and pear psyllid (Cacopsylla pyricola) (Campbell et al. 1989). Interestingly, the foliar spray applications had no direct contact insecticidal activity, suggesting that effects on pests were mediated by physiological responses of the host plant to paclobutrazol. Recommended rates of paclobutrazol applied as a soil drench did not consistently affect the survival or developmental time of orangestriped oakworm (Anisota senatoria) on willow oak (Acer glabrum), although higher rates (4× recommended) did increase tree resistance to this insect (Coffelt et al. 1993).

In this study, fertilization had no effect on growth of paper birch or Austrian pine, which suggests that the native soils were inherently fertile enough to fully meet the nutrient requirements of both species. This pattern has also been observed frequently in other fertilization experiments with trees (reviewed in Struve 2002). Fertilization also had no effect on secondary metabolism of paper birch or Austrian pine, which is consistent with the Growth/Differentiation Balance Hypothesis, given that fertilization also had no effect on tree growth (Herms 2002). The increased growth of gypsy moth on fertilized birch trees in 2004 is consistent with numerous studies that have found fertilization to decrease insect resistance of trees (Herms 2002). Contrary to conventional wisdom (e.g., Smith 1978; Iles 2000; Smiley 2007), researchers in this study...
observed no evidence that fertilization increased insect resistance of trees. Indeed, the authors are not aware of any properly controlled studies that have found fertilization to increase insect resistance of trees (Herms 2002; Raupp et al. 2010).

**CONCLUSION**

Recommended rates of paclobutrazol had powerful growth-regulating effects on paper birch and Austrian pine. Associated physiological effects on paper birch included decreased leaf area, increased specific leaf mass, and dramatically increased production of female catkins. However, decreased growth of Austrian pine was not associated with such substantial effects on leaf morphology. Effects of paclobutrazol on secondary metabolism and insect resistance were species-specific and time-sensitive. For example, in the year after treatment, paclobutrazol increased concentrations of condensed tannins, which can contribute to increased herbivore resistance (Bernays et al. 1989) and drought stress tolerance (Bussotti et al. 1998). However, paclobutrazol did not increase insect resistance of paper birch until two years after treatment, at which time effects on secondary metabolism were no longer apparent. Conversely, paclobutrazol had no effect on secondary metabolism or insect resistance of Austrian pine.

Paclobutrazol can change the resource-allocation pattern to favor fruit and root production (Huang et al. 1995). In this study, paclobutrazol resulted in premature leaf abscission of paper birch in 2003, and extremely high levels of fruit production in 2004. Heavy catkin production in paper birch has been associated with stress, and it is known to decrease vegetative growth due to internal competition for resources (Gross 1972). Hence, this may be considered an undesirable effect, especially in juvenile trees.

**Acknowledgments.** We thank Bryant Chambers, Diane Hartzler, Alejandro Chiriboga, and Matt Solensky for technical assistance with this study. This research was funded by grants from the John Z. Duling Program of the Tree Research and Education Endowment Fund, Rainbow Treecare Scientific Advancements, the Ohio Agricultural Research and Development Center SEEDS Matching Grant Competition, and by State and Federal funds appropriated to the Ohio Agricultural Research and Development Center and The Ohio State University.

**Table 4. F and P values from ANOVA for larval growth fed paper birch (Betula pendula) leaves or Austrian pine (Pinus nigra) needles collected from experimental trees.**

<table>
<thead>
<tr>
<th>Source of variation</th>
<th>Insect response</th>
<th>Paclobutrazol (P)</th>
<th></th>
<th>F-value</th>
<th>P-value</th>
<th>Fertilization (F)</th>
<th>P-value</th>
<th>Interaction P × F</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Paper birch</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Gypsy moth</td>
<td>2003 (May 9)</td>
<td>0.08</td>
<td>0.773</td>
<td></td>
<td>0.01</td>
<td>0.943</td>
<td>0.02</td>
<td>0.879</td>
</tr>
<tr>
<td></td>
<td>2004 (May 25)</td>
<td>4.21</td>
<td>0.048</td>
<td>3.90</td>
<td>0.057</td>
<td>1.79</td>
<td>0.190</td>
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<tr>
<td></td>
<td>Forest tent caterpillar</td>
<td>2003 (May 9)</td>
<td>1.13</td>
<td>0.295</td>
<td>0.15</td>
<td>0.700</td>
<td>0.03</td>
<td>0.858</td>
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<td></td>
<td>White-marked tussock moth</td>
<td>2004 (August 25)</td>
<td>4.42</td>
<td>0.047</td>
<td>0.49</td>
<td>0.493</td>
<td>0.93</td>
<td>0.344</td>
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<tr>
<td></td>
<td>Austrian pine</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>European pine sawfly</td>
<td>2003 (April 21)</td>
<td>0.00</td>
<td>0.958</td>
<td>0.01</td>
<td>0.914</td>
<td>1.84</td>
<td>0.182</td>
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<td></td>
<td>2004 (May 10)</td>
<td>0.12</td>
<td>0.729</td>
<td>0.11</td>
<td>0.741</td>
<td>0.60</td>
<td>0.445</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2005 (May 11)</td>
<td>3.39</td>
<td>0.073</td>
<td>2.85</td>
<td>0.099</td>
<td>0.07</td>
<td>0.793</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
LITERATURE CITED


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Resumen. La hipótesis de la balance crecimiento/diferenciación permite de predecir que los factores ambientales limitan el crecimiento de las plantas más que su tasa de fotosíntesis y debería incrementar el metabolismo secundario y la resistencia a los insectos. La aplicación al suelo del regulador de crecimiento paclobutrazol disminuyó el crecimiento de betula (Betula papyrifera) y pino australiano (Pinus nigra) sin efecto en la fotosíntesis. En respuesta, las concentraciones foliares de taninos condensados (pero no fenoles totales) en betula incrementó como se predijo, con un incremento de la resistencia de betula a la mosca del pino europeo (Lymnastra dispar) y polilla blanca (Orgyia leucostigma), pero solamente durante la segunda estación después del tratamiento. En los dos años, hubo una correlación negativa entre concentraciones foliares de fenoles y taninos condensados y crecimiento de betula, al igual que con la predicción entre crecimiento y defensa. Inversamente, en pino australiano, paclobutrazol y fertilización no tuvieron un efecto en concentraciones foliares de taninos, fenoles y terpenos, ni los tratamientos tienen cualquier efecto sobre la resistencia a la mosca del pino europeo (Neodiprion sertifer). Por tanto, los efectos de paclobutrazol en el crecimiento del árbol, química de defensa y resistencia a los insectos fueron específicos para las especies y sensibles en el tiempo.